



**SOUL BEAUTY**  
HEALING CENTER

### Chiropractic Health History and Entrance Form

A complete health history helps us ensure it is safe to provide you with a chiropractic treatment; please let us know if your status changes so we can update your form. All information given to us is confidential.

Name Email \_\_\_\_\_

We collect your email address to send you appointment reminders. Your email address will never be shared with a third party.

Home Phone Cell Phone Work Phone \_\_\_\_\_

Street Unit City Prov. Postal Code \_\_\_\_\_

Date of Birth (MM-DD-YY) Age Gender Occupation \_\_\_\_\_

Emergency Contact name and number \_\_\_\_\_

Personal Health Care # (AB only) How did you hear about us? \_\_\_\_\_

Do you have insurance coverage for Chiropractic Care? Yes  No  If yes, were you referred by your doctor? Yes  No

Doctor's Name Phone Last Check-Up Date \_\_\_\_\_

Doctor's Street Unit City Prov. Postal Code \_\_\_\_\_

Have you had a chiropractic treatment before? Yes  No  If yes, approximate date of last chiropractic treatment \_\_\_\_\_

Do you see other healthcare practitioners? Massage  Physio  Naturopath  Osteopath  Other  \_\_\_\_\_

Is this a workplace injury? \_\_\_\_\_

Previous Major Illnesses/Operations (include dates) \_\_\_\_\_

Allergies/Hypersensitivities \_\_\_\_\_

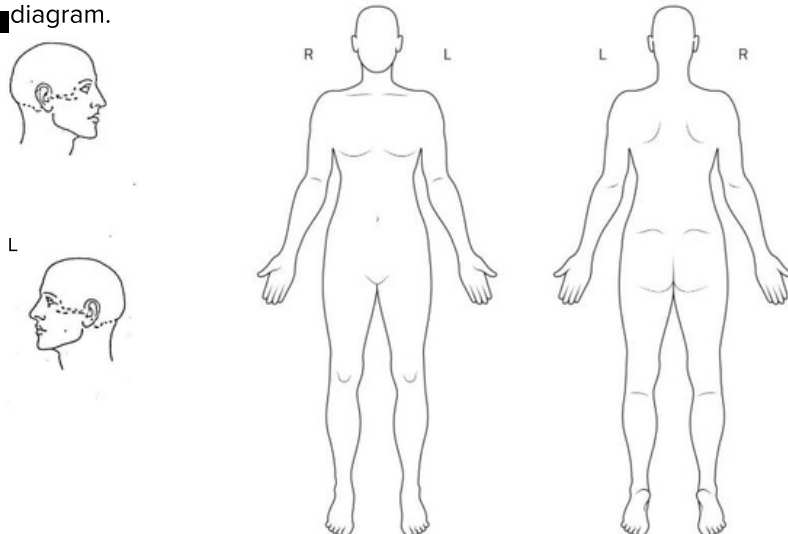
Current Medications \_\_\_\_\_

Major Accidents (include dates) \_\_\_\_\_

Other Serious Medical Conditions \_\_\_\_\_

Family History of \_\_\_\_\_

In the diagrams provided below, please mark the areas on your body, which you feel best represent the pain(s) or sensation(s) you are experiencing. Please include all areas. Use the symbols provided below. Please draw in the face on the diagram.



- SYMBOLS
- Numbness =====
  - Burning            x x x x x x
  - Dull & aching     ? ? ? ? ? ?
  - Pins and Needles  o o o o o
  - Stabbing & Sharp  ~ ~ ~ ~ ~
  - Stiff & Tight       2 2 2 2 2

For any **current** conditions or symptoms that are causing problems, please ✓ the box in the **C** column. For any **past** conditions or symptoms, please ✓ the box in the **P** column.

**Gastrointestinal**

- C P
- Poor appetite
  - Indigestion
  - Excess hunger
  - Belching or gas
  - Vomiting
  - Pain over stomach
  - Constipation
  - Hemorrhoids (piles)
  - Jaundice
  - Gall bladder trouble
  - Intestinal worms
  - Ulcer
  - Diabetes
  - Diarrhea

**Neurologic**

- C P
- Dizziness
  - Fainting
  - Problem speaking
  - Problem swallowing
  - Blurred vision
  - Double vision
  - Clumsiness
  - Numbness or tingling

**Cardiovascular**

- C P
- Bleeding disorder
  - High blood pressure
  - Chest pain
  - Stroke
  - Hardening of arteries
  - Varicose veins
  - Swelling of ankles
  - Poor circulation
  - Heart/blood disease
  - Angina

**Respiratory**

- C P
- Asthma
  - Chronic cough
  - Spitting up phlegm
  - Spitting up blood
  - Difficulty breathing

**General Symptoms**

- C P
- Loss of Consciousness
  - Blackouts
  - Headache
  - Fever
  - Excess Sweating
  - Night sweats
  - Loss of Weight
  - Night pain
  - Generalized pain
  - Convulsions

**Genitourinary**

- C P
- Trouble urinating
  - Blood in urine
  - Kidney infection
  - Bedwetting
  - Prostate trouble

**Menstrual related**

- C P
- Painful menstruation
  - Excessive flow
  - Hot flashes
  - Irregular/absent cycle
  - Cramping/backache
  - Abnormal vaginal discharge
  - Swollen breasts
  - Lump in breasts

**Have you had a bone density scan?**

- Yes  No

**Currently on birth control?**

- Yes  No

**Previously on birth control?**

- Yes  No

**Number of pregnancies:** \_\_\_\_\_

- Number of children: \_\_\_\_\_

**Skin**

- C P
- Rashes/itching
  - Bruise easy
  - Dryness
  - Boils
  - Hives (allergies)

**Muscles & Joints**

- C P
- Sore/stiff neck
  - Low back pain
  - Mid back ache
  - Painful tailbone
  - Shoulder pain
  - Arm/forearm pain
  - Elbow pain
  - Wrists/hand pain
  - Hip pain
  - Knee pain
  - Ankle/foot trouble
  - Arthritis
  - Loss of strength

**Eyes/Ears/Nose/Throat**

- C P
- Failing vision
  - Eye pain
  - Failing hearing
  - Earache
  - Ring/buzz in ears
  - Frequent colds
  - Sinus infection
  - Enlarged thyroid
  - Enlarged glands
  - Nervousness
  - Convulsions

**Have you ever had any fractures?**

- Yes  No

If yes - where?

**Have you ever been in a car accident?**

- Yes  No

If yes - when?

**Have you ever been hospitalized?**

- Yes  No

If yes – why/ when?

**Have you ever been diagnosed with:**

- Cancer  Yes  No  
 HIV/AIDS  Yes  No  
 Hep A/B/C  Yes  No

**Have you ever had any mental health issues?**

- C P
- Depression
  - Anxiety
  - Nervousness
  - Trauma related condition
  - Substance related condition
  - Personality disorder
  - Bipolar disorder
  - Other (please list): \_\_\_\_\_

**Clinician comments and signature:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please read and sign:

- I attest that the information I have provided is true and complete to the best of my knowledge.
- I understand the information I have provided on this form is confidential and will not be released without my written consent.
- I understand that the Chiropractor can end treatment at anytime due to inappropriate behaviour.
- I consent to a health assessment/reassessments and chiropractic treatment at Massage Addict.
- I authorize Massage Addict to contact my doctor or other health care professional listed above if required for treatment purposes.
- I understand that all sessions include a pre-health assessment and change time.
- I understand 24 hours notice is required to reschedule all future appointments, or full charges will apply.
- I authorize my health file to be transferred to another Massage Addict clinic if I relocate or a new Massage Addict clinic opens closer to my household.
- Note that the treatment time listed is the maximum time length and actual treatments, based on your specific therapeutic need and treatment plan, may be shorter.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

**Updates to your health history are required every 6 months. A new health history form must be filled out every year.**

Changes  Yes  No

Comments \_\_\_\_\_ Signature \_\_\_\_\_

Changes  Yes  No

Comments \_\_\_\_\_ Signature \_\_\_\_\_